

Make Learning Easier With a Strong Foundation

More and more parents are wondering why their children are struggling...

Why is reading, spelling or math so difficult for my child? Why do they seem to know something one day and not the next? Why are they so disorganized? to teach him? I wonder if my child ADD, ADHD, Low Auditory something else? Does my child have Syndrome? Why is she struggling so much with reading comprehension? Something is just not right! Why is my bright child struggling to learn? If you have asked some of these questions, you are not alone...



These are all signs of a weak foundation.

Little Giant Steps (www.littlegiantsteps.com) helps children who are struggling to learn as well as help in the prevention of learning problems. Learning difficulties do not have to last a lifetime or even exist at all. They are simply symptoms of a root cause.

Why is my child struggling



The most important part of any structure is the foundation and that includes the brain. First, imagine a building that has cracks in the walls, door frames are pulling away, and the windows and doors do not close properly... all of these "problems" are symptoms of an underlying root cause, a weak foundation. When you fix the foundation, the "problems" are correctable. The same applies to a person. Struggling to learn is an indicator of a "foundation problem." The "problems" your child is experiencing are symptoms of an underlying root cause. When troubles appear, don't look to the symptoms, but to the source: repair the foundation of the brain.

Why would my child have a "weak foundation"



A child may have a "weak foundation" when they are missing some developmental steps that are necessary for their brains to be organized, which is the very foundation of learning. We'll discuss a few here. When babies are born, they have a built-in, precise program that enables them to complete their developmental steps. If given the opportunity and placed on the floor on their tummies, babies will move through these steps. Unfortunately because of our societal practices of keeping babies upright in carriers, walkers, swings, etc. many are not given the opportunity to work through their developmental steps. In turn, this has affected every aspect of their life. We have progressed in the wrong direction wanting to keep our babies in various contraptions which are detrimental and not developmental. As a result, any special programs, trying to teach with new learning styles or changing curriculums each year will not help a child until their "foundation" is fixed. There are exceptions, of

course, that can naturally keep a child off the floor like surgeries or reflux problems, but when possible a baby should be on the floor in a clean, safe environment.

Influencing the “handedness” of a child is another huge aspect of learning. With children going to preschools and daycares earlier and earlier they are many times being influenced to use the wrong hand. Hand dominance is a huge factor in neurological efficiency.

We've moved from an auditory to a visual society in this nation; causing many to experience, “Low Auditory Processing”. When a person increases their auditory processing, learning becomes easier. Our preoccupation in this nation with “screens” like video games, computers, TVs, iPhones, etc. can cause a child to be labeled ADD or ADHD for the reason that attending is an auditory skill.

Another societal change that has greatly affected the brains of our children is that we have become a very sedentary nation. Instead of children being outside playing ball, jumping rope, etc. they are sitting in front of a TV and playing video games – need we go on! Exercise is for the brain! Recess and P.E. classes have become a thing of the past, just like this nation's high math and science scores. Little Giant Steps wants to help get this nation and your kiddos back on their feet again!

The GOOD NEWS is that this is all fixable due to the neuroplasticity of the brain!!

What is neuroplasticity



Neuroplasticity is just a big word that means your child's brain is not hard-wired and is changeable... the developmental steps can be completed at any age! So whether a person is in those pivotal years from zero to six-years-old or any age, developmental steps can be completed! The foundation of the brain can become strong and in turn struggles with learning can disappear!



Armed with this new information, please check any areas listed below (which is not an exhaustive list by any means) where you see your child struggling and come talk to us about the “foundation repairs” needed to remedy your child's current symptoms to help put them back on the road to make learning easier!

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|--|---|
| <input type="checkbox"/> Difficulty in reading or math | <input type="checkbox"/> Difficulty with spelling |
| <input type="checkbox"/> Overly sensitive to sound | <input type="checkbox"/> Clumsy-poor sense of balance |
| <input type="checkbox"/> Picky eater | <input type="checkbox"/> Difficulty expressing themselves |
| <input type="checkbox"/> Difficulty following directions | <input type="checkbox"/> Socially immature |
| <input type="checkbox"/> Difficulty grasping math concepts | <input type="checkbox"/> Distracted and/or disorganized |
| <input type="checkbox"/> Very emotional | <input type="checkbox"/> Unable to retain information |
| <input type="checkbox"/> Hyperactive or Hypoactive | <input type="checkbox"/> High or low pain tolerance |

Remember!

Learning difficulties and disabilities do not have to last a lifetime!!

ASK YOUR QUESTIONS! We have the answers you are looking for today!

www.littlegiantsteps.com

